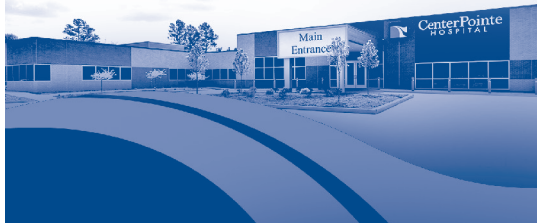


CenterPointe Hospital

Adolescent Behavioral Health Services



CenterPointe Hospital offers a comprehensive range of behavioral health services for adolescents, ages 13 to 17.

Our continuum of inpatient and outpatient treatment options provides levels of care that address a wide spectrum of patient needs.



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Inpatient Treatment

Inpatient treatment offers separate units for each age group with treatment modalities and services designed to address age-specific needs. Our experienced staff, under the direction of the attending psychiatrist, provides acute care services for a complete range of psychiatric disorders. Inpatient treatment includes:

- comprehensive evaluation
- crisis stabilization
- group and individual therapies
- medication management
- education sessions
- activities therapy (including art and music therapies).

Intensive Outpatient Program (Evening)

The evening intensive outpatient program (IOP) is a less intensive level of care for adolescents with psychiatric disorders. The program meets three evenings each week and is available at four locations. Program times vary by location, and a light snack is provided.

Using a group modality, the program provides opportunities for patients to learn crisis stabilization, healthy living, problem-solving, and coping and relapse prevention skills through group therapy, discussions, role playing and informational sessions. Each patient receives medication management through the admitting psychiatrist.

Individualized Outpatient Services

Adolescents experiencing symptoms of a psychiatric disorder who require evaluation, diagnosis, medication management and intermittent outpatient care may utilize CenterPointe's outpatient clinic. In this level of care, scheduling and procedure are similar to a private practice setting. Patients and their families meet with the clinic's psychiatrists and nursing professionals who specialize in child and adolescent treatment, or may be referred for additional therapeutic services at CenterPointe or to other private practice professionals.

For more information or to schedule an assessment, contact:

**CenterPointe Hospital Assessment and Referral
at 636-477-2136 or 800-345-5407.**